



ESSENTIAL BIMONTHLY HEALTH NEWS FOR GERSON THERAPY PATIENTS AND HEALTH CONSCIOUS INDIVIDUALS — FROM THE GERSON INSTITUTE

Documentary in Film Festival

Beverly Hills Film Festival to Screen

“The Gerson Miracle”

by Howard Straus

As we were about to put this issue of *Healing* to bed, we got late breaking news from Steve Kroschel, the outstanding cinematographer who created “The Gerson Miracle,” our new 91-minute documentary on the Gerson Therapy (see article, page 7) informing us that the Beverly Hills Film Festival had made a very rare exception to their strict deadline policy, and were accepting the documentary for screening at the Festival. The Beverly Hills Film Festival (BHFF) runs from May 6 through May 9th, 2004, in Beverly Hills, right in the back yard of all the major studios and international distributors. “The Gerson Miracle” will be shown Saturday, May 8th at 10:00am at the Clarity Theater, 100 N Crescent Dr # 150, Beverly Hills,

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Patient Story — Ernie Viano

Five Years' Recovery from Lymphoma

by Charlotte Gerson, completed by Ernie Viano

Ernie Viano was born in May of 1947. He and his wife were living in Alaska from 1990-1998, returning to their hometown area — Joliet, IL — in August 1998. At this time, Ernie was carrying 250 pounds on his 6' frame. In October he began to lose his appetite, was nauseated by the aroma of garlic (a favorite seasoning) and began losing weight.

In late December, early January 1999 he went to a longtime friend, a reflexologist, to remedy the problem. Only brief periods of relief were noticed after the treatments and the reflexologist suggested having tests done as Ernie's skin was now yellow. At about the same time, they were learning of Gerson from a friend who was practicing the modified program, recommended by Dr. Ross Hauser of Oak Park, IL. Three weeks later, the Vianos

were in Dr. Hauser's office. He suggested ordering the Gerson manual immediately and then began treating Ernie's jaundice with liver support and other supplements, and juicing.

Still, by late February '99 Ernie was very jaundiced and his Joliet physician ordered him to Silver Cross Hospital for tests, which suggested cancer but could not be confirmed without a biopsy. The Vianos had no medical insurance at the time so the biopsy was put off until Donna's insurance became effective in early April.

On April 10, '99, Dr.

Darbandi of Silver Cross Hospital performed the biopsy and advanced non-Hodgkin's Lymphoma was confirmed. Ernie continued organic juicing and

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Ernie and Donna

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Viano ...

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meals during his hospital stay as Donna would 'sneak' them in throughout the day.

Donna also was in contact with the Gerson Institute attempting to place Ernie in a Gerson facility while continuing her quest for more information about cancer through books given her by the oncologist. When Ernie refused chemo, one oncologist became clearly agitated and told him, "You read too much." Both oncologists were very intimidating, *insisting* chemo was Ernie's only hope. Each had an opinion on Ernie's prognosis without chemo: one gave him two months, the other six months. Ernie was now fearful he wouldn't see his 52nd birthday (May 7th) and agreed to take the chemo.

A MUGA scan revealed Ernie's heart was too weak to endure a full course of chemo; therefore a partial treatment was given and he was advised that future treatments would require a 3-4 day hospital stay to be administered as a "drip" so as not to damage and or stop his heart.

Upon leaving the hospital, Ernie's

medical records were sent to Gerson and he was accepted. Thinking he would be at the clinic in Sedona, AZ, he refused to go when he realized his destination was Tijuana. Donna told him he *was* going! They arrived at the hospital on May 10, '99, spent 17 days learning the protocol and returned home to continue the treatment.

At the time of his diagnosis, Ernie had a large tumor in the stomach area with metastases below the lungs. One year later, a CAT scan showed the lung area clear – the metastases gone: the tumor reduced by half! Yearly thereafter, each scan indicated that the tumor was further reduced.

Presently, there are some swollen lymph nodes, but the oncologist states they are not cancerous. Ernie had ten IPT treatments (Insulin Potentiation Therapy) in 2001 and believes "everything is great." Ernie had gone from 250 pounds to 179; but has gained much of it back. He is now 238, still eating organic, on the modified Gerson, feels great and is normally active.

Ernie says that during the five years he has been on the Gerson Therapy, he has felt fantastic while a number of his friends and acquaintances doing chemotherapy feel terrible. Since his diagnosis in 1999, the Vianos have lost a dozen and more friends and acquaintances to cancer. All were diagnosed after him. Sadly, all chose traditional treatments stating, they "have faith in their doctor."

Ernie and his wife now say "We are on a mission for Gerson Therapy

and health issues, speaking with anyone who will listen. We thank God for giving us the knowledge and strength to take the 'road less traveled,' and we are very thankful to the Gerson Institute, Dr. Bravo and the hospital staff."

Ernie closes by saying, "We thank Charlotte for allowing us to share our experience. Gerson and cancer have changed our lives in many ways. We have given several general health and nutrition presentations for our chiropractor, even taking our Norwalk and making juice. Several people have purchased juicers and have new thoughts on healthful eating. We receive calls from strangers who have heard of our experience. The involvement of helping others searching for answers is a great reward. We are creating a thirst for knowledge and awareness."

Because of their belief in the program, the Vianos have graciously allowed us to publish their phone number so that they can encourage others.

Ernie may be reached at 815-722-2243.

Publication Schedule

The Gerson Healing Newsletter is published bi-monthly by the Gerson Institute. It is our membership organ, and is intended to keep our members informed of health issues surrounding the Gerson Therapy, including political developments, case histories, clinical notes and recent literature having a bearing on nutrition and health.

Members receive the Gerson Healing Newsletter six times a year. You can become a member of the Gerson Institute simply by making a tax-deductible contribution of \$30.00 or more (foreign memberships \$35.00) to The Gerson Institute.

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Give a gift of Healing in 2004. A gift membership to the Gerson Healing Newsletter will bring healthy news all year long.

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HEALING NEWSLETTER

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