

Molecular Mechanisms Involved in Chemoprevention of Black Raspberry Extracts: From Transcription Factors to Their Target Genes

Haitian Lu, Jingxia Li, Dongyun Zhang, Gary D. Stoner, and Chuanshu Huang

Abstract: Berries have attracted attention for their chemopreventive activities in last a few years. Dietary freeze-dried blackberries have been shown to reduce esophagus and colon cancer development induced by chemical carcinogen in rodents. To elucidate molecular mechanisms involved in chemoprevention by berry extracts, we employed mouse epidermal Cl 41 cell line, a well-characterized *in vitro* model in tumor promotion studies. Pretreatment of Cl 41 cells with methanol-extracted blackberry fraction RO-ME resulted in a dramatical inhibition of B(a)PDE-induced activation of AP-1 and NFκB, and expression of VEGF and COX-2. The inhibitory effects of RO-ME on B(a)PDE-induced activation of AP-1 and NFκB appear to be mediated via inhibition of MAPKs and IκBα phosphorylation, respectively. In view of the important roles of AP-1, NFκB, VEGF and COX-2 in tumor promotion/progression, and VEGF and COX-2 are target of AP-1 and NFκB, we anticipate that the ability of black raspberries to inhibit tumor development may be mediated by impairing signal transduction pathways leading to activation of AP-1 and NFκB, subsequently resulting in down-regulation of VEGF and COX-2 expression. The RO-ME fraction appears to be the major fraction responsible for the inhibitory activity of black raspberries.

Introduction

Epidemiological studies have demonstrated a correlation between high intake of vegetables and fruit and a decreased incidence of cancer in multiple organ sites such as the lung, larynx, oral pharynx, gastrointestinal tract, and pancreas in humans (1, 2). Dietary supplements with various vegetables and fruit have also been protective against tumor development in animal model systems (3–6). It is thought that the chemopreventive effects of vegetables and fruit are due to their contents of phytochemicals, vitamins, vitamin precursors, minerals and compounds that have not, as yet, been identified (7–10).

Berries of various types, including blackberries, strawberries, raspberries and blueberries, have received recent attention for their potential health benefits, including cancer preventive activity (1, 3). Berries contain a number of known chemopreventive agents, such as vitamin A, C, E, and folic acid; calcium and selenium; phytosterols including beta-sitosterol; and polyphenols including anthocyanins, gallic acid, ellagic acid, ferulic acid, coumaric acid, and quercetin (11). The anthocyanins are quite abundant in certain berry types, such as black raspberries and blackberries, and are regarded as natural antioxidants (12–14) which improve the overall antioxidant defense in human plasma (14). Other berry phenolics such as ellagitannins and proanthocyanidins were found to be protective against both lipid and protein oxidation (15). The chemopreventive activities of berry derivatives have been demonstrated in several recent studies (3, 11, 16–18). *In vitro* studies using Syrian hamster embryo (SHE) cells showed that methanol extracts from black raspberries and strawberries reduced benzo[a]pyrene (B[a]P)-induced cell transformation (1). In addition, the proliferation of colon and breast cancer cells was inhibited by berry extracts in a concentration-dependent manner (16). Previous *in vivo* studies also demonstrated that freeze-dried black raspberries and strawberries inhibited chemical-induced tumors in colon, esophagus, and oral cavity of rodents (11, 17, 18). There have been relatively few studies on the mechanisms of chemoprevention by berries. In the *N*-nitrosomethylbenzylamine (NMBA)-induced rat esophageal cancer model, pretreatment of rats with dietary berries including black raspberries and strawberries resulted in the reduction of *O*⁶-methylguanine adduct formation from NMBA in esophageal DNA (11,17,18), indicating that berries may influence the metabolism of NMBA. In this same model, both berry types were effective in inhibiting tumor formation when added to the diet following treatment of the rats with NMBA (i.e., post-initiation). In this protocol, berries were found to reduce the proliferation rate of premalignant cells (11). Recently, in an *in vivo* hemangioma

model, edible wild blueberry extracts and berry mixtures were found to impair angiogenesis, an indispensable process in cancer development (19). A few studies have been conducted to identify the chemical contents of berries that are responsible for their chemopreventive activities (16, 20–22). For instance, correlation studies indicated that antioxidants, such as Vitamin C and other substances, might play a synergistic role in the inhibition of cancer cell proliferation by berry extracts (16). Moreover, ellagic acid, a widely-distributed component in various berries, was found to inhibit chemical-induced tumors in rodents (20). Potential mechanisms for chemopreventive activities of ellagic acid include inhibition of metabolic activation of carcinogens, interference in the binding of the reactive metabolites of carcinogens to DNA, as well as the induction of phase II enzymes involved in carcinogen detoxification (21–23). Although ellagic acid may be a promising target for future mechanistic studies addressing berry chemoprevention, it is also clear that ellagic acid is not the major agent responsible for tumor-inhibitory activities of berries (17).

A number of critical oncogenic signaling pathways including activator protein 1 (AP-1), nuclear factor kappa B (NFκB), and nuclear factor in activated T cells (NFAT) have been found in the past several years (24–28). We are attempting to elucidate the molecular mechanisms involved in the chemopreventive activities of berries by evaluating their effects on components of these signaling pathways. We found that extracts from several berry derivatives had inhibitory effects on the carcinogen-induced activation of transcription factor AP-1, NFκB and NFAT, as well as the expression of their target genes, cyclooxygenase-2 (COX-2) and vascular endothelial growth factor (VEGF). These results contribute to an in-depth understanding of molecular mechanisms for chemoprevention by berries.

Methods

Berry Extracts and Cell Culture Conditions

Black raspberry extracts were obtained as described previously (3). After picking, ripe black raspberries (*Rubus occidentalis*, RO) were washed, frozen, freeze-dried, and then extracted with methanol. The initial methanol extract was filtered, dried and identified as F001. The F001 extract was partitioned between dichloromethane and water and separated into a water-soluble fraction (F003), an organic soluble fraction (F004), and an insoluble fraction (F005). The F001 extract was also eluted through a silica gel chromatography column using dichloromethane:methanol, producing a non-polar fraction DM, and a polar fraction ME.

Mouse JB-6 Cl 41 epidermal cells have been used extensively for *in vitro* studies of the mechanisms of tumor promotion (29). Transformation-sensitive (P+) JB6 cells are unique in defining neoplastic transformation, as well as transformation related events such as AP-1 activation induced by tumor promoters including phorbol esters and growth factors (30,

31). These cells have contributed to our understanding of molecular events involved in the regulation of the extracellular signal-regulated protein kinases (ERKs)-mitogen-activated protein kinase (MAPKs)/AP-1, nuclear factor κ B (NFκB), and phosphatidylinositol 3-kinase (PI-3K) pathways that lead to tumor promotion (29–31). To date, most of the observations in *in vitro* studies using Cl41 cells have been confirmed *in vivo* animal models (31). Thus, the results using Cl41 cells can usually be extrapolated to *in vivo* studies of tumor promotion and for the identification of molecular targets for cancer prevention (31). To evaluate transcription factor activation and the expression of their downstream target genes, we used Cl 41 cells stably transfected with certain luciferase reporter constructs (i.e., Cl 41 AP-1, NFκB, NFAT, and COX-2 mass1 cells) as described in previous studies (27, 32). All these cell lines were routinely cultured in Eagle's Minimal Essential Medium (MEM, Calbiochem San Diego, CA) supplemented with 5% fetal bovine serum (FBS), 1% penicillin/streptomycin, and 2 mM L-glutamine (Life Technologies, Inc. Rockville, MD). The cells were cultured at 37°C in a humidified atmosphere with 5% CO₂ in air.

To investigate the inhibitory effects of berry extracts on carcinogenesis, we routinely expose cells to carcinogens that produce alterations in signaling transduction pathway. B[a]P, a widely distributed environmental carcinogen, induces tumors in various organ sites in animal models (33). Benzo[a]pyrene-7,8-diol-9,10-epoxide (B[a]PDE), the ultimate carcinogenic metabolite of B[a]P, acts as a complete carcinogen by binding to cellular DNA and protein at neutrophilic sites (34). The carcinogenic activity of B[a]PDE is strongly associated with the development of smoking-related cancers (35, 36). Since our previous studies demonstrated that black raspberry extracts inhibit B[a]P-induced cell transformation, we examine the effects of berry fractions on B[a]P/B[a]PDE exposed Cl 41 cells to develop an understanding of the chemopreventive effects of berries.

Assays for AP-1, NF B, and NFAT Transcription Activation, as Well as COX-2 Promotor Activity

Confluent monolayer cells of the transfectants were trypsinized, and 8×10^3 viable cells in 100 μl of 5% FBS MEM were added to each well of 96-well plates. Plates were incubated at 37°C in a humidified atmosphere with 5% CO₂ in air. After the cell density reached 80–90%, the cells were pretreated with black raspberry fraction RO-ME, or anthocyanins including cyanidin chloride (CyCl) and kuromanin chloride (KurCl, chemical name: cyanidin-3-O-glucoside chloride) at indicated concentrations for 30min, then exposed to 2 μM of B[a]PDE. The luciferase activity was determined by the luciferase assay at indicated different time points using a luminometer (Wallac 1420 Victor 2 multiplate counter system, Perkin Elmer Life Science, Inc.) after the addition of 50 μl of lysis buffer for 30 min at 4°C. The results were expressed as AP-1, NFκB, NFAT, and COX-2 transcriptional induction relative to medium control. The

Student's *t* test was used to determine the significance of the differences of AP-1, NFκB, NFAT, and COX-2 induction among various transfectants. The differences were considered significant at a $P \leq 0.05$.

Western Blot Analysis

8×10^4 cells of C141 cells were seeded into each well of 6-well plates. After the cell density reached 70-80%, cells were pretreated with 10 μg/ml (for Akt and p70 S6 kinase (p70S6K)) or 25 μg/ml (for COX-2) RO-F003, RO-F004, RO-DM, and RO-ME for 30 min, and then exposed to B[a]PDE (2 μM) for 60 min or 120 min. The cells were collected by adding 100 μl Tris-Glycine SDS sample buffer (Invitrogen, Carlsbad, CA) until they reach 95-100% confluence. Western blots were performed with either phosphospecific antibodies or nonphosphorylated antibodies against Akt, p70S6K, and rabbit anti-mouse COX-2 polyclonal antibody. p38 kinase was immunodetected as a protein loading control. The protein band specifically bound to the primary antibody was detected using an anti-rabbit IgG-AP-linked and an ECF western blotting system (Amersham Biosciences, Piscataway, NJ).

Results

The Effects of Berry Extracts on AP-1 Induction

The transcription factor, AP-1, is a collective form of various homodimers or heterodimers consisted of members from several protein families including Jun and Fos (two major families for mammalian AP-1 proteins), as well as ATF and MAF (37). After stimulation with growth factors, cytokines, carcinogens and/or oncoproteins, the AP-1 complex rapidly binds to specific DNA sequences that are implicated at different stages of tumorigenesis (38). Multiple AP-1 components are found to be highly expressed, and the signaling pathways leading to increased AP-1 DNA binding activity are often activated in human tumor cells (39). Moreover, AP-1 activation is required for the C141 cell transformation induced by tumor promoters (29). By regulating the transactivation of certain target genes, AP-1 plays an essential role in carcinogenesis, including effects on tumor cell proliferation, survival, and invasive growth and metastasis (24). AP-1 proteins with different components may also contribute to carcinogenesis by down-regulating certain tumor suppressor genes (24) and by cooperating with oncogenes such as Ras (40).

Previously, we have shown that B[a]PDE induces AP-1 activation in C141 cells (35,41). Based upon this observation, we determined whether AP-1 is a target for chemoprevention of berry extracts (32). After pretreatment of C141 cells with various black raspberry fractions, including RO-F003, RO-F004, RO-DM, and RO-ME, AP-1 luciferase reporter transfected cells were exposed to B[a]PDE. Of the fractions tested, the RO-ME fraction was found to be the most potent inhibitor of

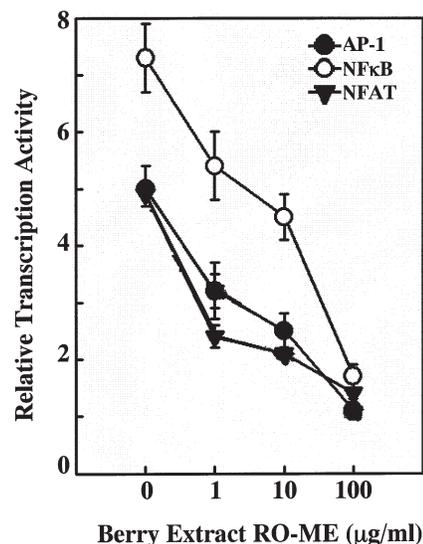


Figure 1. Inhibition of B[a]PDE-induced activation of AP-1, NFκB, and NFAT by black raspberry extracts. Eight $\times 10^3$ of C141 AP-1, NFκB, and NFAT mass1 cells were seeded into each well of 96-well plates, and cultured in 5% FBS MEM at 37 °C. After the cell density reached 80-90%, the cells were first pretreated with black raspberry fraction RO-ME at various concentrations as indicated for 30 min, and then exposed B[a]PDE (2 μM) for AP-1, NFκB, and NFAT induction. The results are expressed as AP-1, NFκB, and NFAT induction relative to control medium containing DMSO. Each bar indicates the mean and standard deviation of triplicate assay wells.

AP-1 induction by B[a]PDE, consistent with its inhibition of B[a]P-induced cell transformation (Fig.1) (32). In this study, we also determined the mechanism(s) for the inhibition on B[a]PDE-induced AP-1 activation by berry extracts. Ellagic acid, a well known chemopreventive agent in black raspberries (11), was previously shown to react with B[a]PDE, thus blocking its DNA binding activity (42). Thus, it was logical to ask whether the inhibition of B[a]PDE-induced AP-1 activation was resulted from preventing B[a]PDE from binding to DNA. This possibility was ruled out by the fact that pretreatment of RO-ME failed to cause any significant reduction in B[a]PDE-DNA adduct formation in C141 cells (32). Further studies showed that RO-ME inhibited B[a]PDE-induced AP-1 activation by targeting MAPK pathways, including ERKs, c-Jun-NH₂-terminal kinases (JNKs), and p38K (32), which is consistent with our previous findings that B[a]PDE induced the activation of AP-1 through activation of ERKs, JNKs, and p38K (35). Moreover, published results from our group suggested that the PI-3K/Akt pathway is required for the B[a]PDE-induced AP-1 activation in C141 cells (35). Thus, we investigated the involvement of PI-3K/Akt pathway in the inhibition of B[a]PDE-induced AP-1 activity. We found that pretreatment of C141 cells with RO-ME markedly inhibits B[a]PDE-induced PI-3K activation (28) and phosphorylation of Akt at Thr308/Ser473 and p70S6K at Thr421/Ser424 (Fig.2). Collectively, our data indicate that black raspberry fractions inhibit B[a]PDE-induced AP-1 activation through inhibiting activation of the PI-3K/Akt pathway.

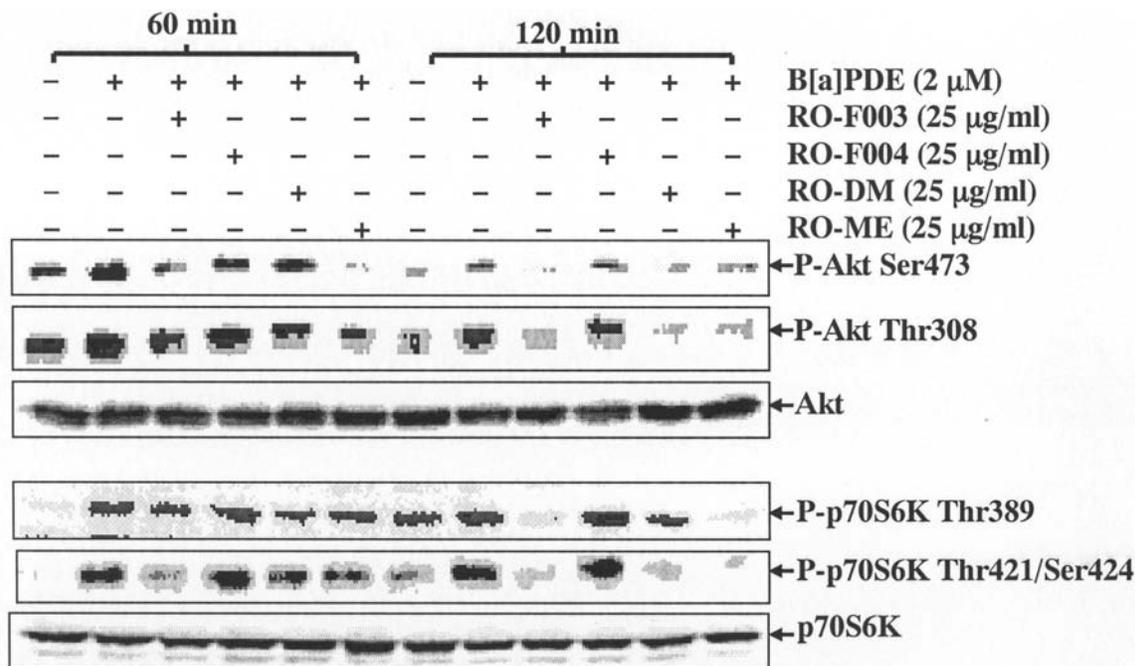


Figure 2. Inhibition of B[a]PDE-induced activation of Akt and p70S6K by black raspberry extracts. Eight $\times 10^4$ of C141 VEGF mass1 cells were seeded into each well of six-well plates, and cultured in 5% FBS MEM at 37°C. After the cell density reached 70-80%, cells were first pretreated with black raspberry extract fractions (25 μ g/ml) for 30 min, then exposed to B[a]PDE (2 μ M) for 60 min or 120 min. Western blots were performed with either phospho-specific antibodies or non-phosphorylated antibodies against Akt and p70S6K. The protein band specifically bound with primary antibodies was detected by using anti-rabbit IgG-AP-linked and ECF western blotting system (32).

NF κ B, Another Target of Blackberry Extracts

NF κ B is a dimeric transcription factor consisting of Rel family members (44). It is an omnipotent transcription factor with extensive regulatory roles for both immune response and carcinogenesis (45, 46). NF κ B may act as a tumor promoter by suppressing apoptosis, stimulating cell proliferation, as well as targeting genes that facilitate tumor invasion and metastasis (45, 46). We demonstrated that exposure to B[a]PDE induces NF κ B activation in C141 cells (40). Thus, we were interested in determining if the chemopreventive effects of black raspberry extracts could be attributed, at least in part, to their effects on B[a]PDE-induced NF κ B activation (32). Our results indicated that black berry fraction RO-ME dramatically inhibited B[a]PDE-induced NF κ B activation (Fig. 1) (32). Similar to inhibition of AP-1 activity, pretreatment or co-incubation of cells with RO-ME is required for inhibition of B[a]PDE-induced NF κ B activation (32).

NF κ B is inhibited in its expression by the cytoplasmic inhibitor, inhibitory subunit kappa B ($\text{I}\kappa\text{B}$) α (44). The activation of NF κ B is mediated by initiating the phosphorylation, ubiquitination, and subsequent degradation of $\text{I}\kappa\text{B}$ α (44). Upon degradation of $\text{I}\kappa\text{B}$ α , NF κ B is released from $\text{I}\kappa\text{B}$ α inhibition and translocates into nucleus where it functions as a transcription factor for its target genes (44,47). The effects of berry extracts on B[a]PDE-caused $\text{I}\kappa\text{B}$ α phosphorylation and degradation were investigated. Our studies indicated that 90 minutes after the treatment of C141 cells with B[a]PDE, the phosphorylation of $\text{I}\kappa\text{B}$ α is up-regulated when compared

to non-treatment controls (32). Pretreatment of cells with RO-ME inhibited $\text{I}\kappa\text{B}$ α phosphorylation (32). 270 minutes later, the inhibitory effects of RO-ME on the degradation of $\text{I}\kappa\text{B}$ α were observed (32). These results suggests that the inhibitory effects of RO-ME on B[a]PDE-induced NF κ B activation occur indirectly through effects on $\text{I}\kappa\text{B}$ α . Previous studies have shown that Akt is implicated in tumor necrosis factor (TNF)- and platelet-derived growth factor (PDGF)-induced NF κ B activation (48,49). Since the PI3K/Akt pathway was found to be inhibited by RO-ME, the impairment of Akt by RO-ME may also contribute to its inhibition of NF κ B activation.

NFAT: A Novel Target for Chemoprevention by Berry Extracts

NFAT is a calcium-regulated transcription factor expressed in both T cells and non-lymphoid tissue cells (50-55). After its activation and translocation into the nucleus, NFAT forms a heterodimeric transcriptional complex with AP-1 as co-activators to initiate NFAT-dependent transactivation (54). NFAT is implicated in carcinogenesis (55-57), and involved in the expression of Interleukin-8, COX-2, TNF α , and other cytokines that are associated with cancer development (26,58-59). NFAT is also known to promote the invasive capabilities of human carcinomas (26). With the application of NFAT3 siRNA, we demonstrated the requirement of NFAT in B[a]PDE-induced TNF α expression

in C1 41 cells, which in turn leads to COX-2 expression and cell transformation in C1 41 cells (Huang et al., unpublished data). Thus, the effects of black raspberry fractions on B[a]PDE-induced NFAT activation were also assessed. C1 41 stably transfected with a NFAT luciferase reporter were pretreated with different extract fractions from black raspberries, and then exposed to B[a]PDE. The RO-ME fraction was found to be the major fraction exhibiting inhibitory effects on B[a]PDE-induced NFAT activation among the fractions tested (Fig. 1).

Down-Regulation of Transcription Factor Target Genes by Berry Extracts

As indicated above, AP-1, NF κ B, and NFAT are involved in cancer development (24-28). The roles of these transcription factors in carcinogenesis are attributed to their transcriptional regulation of target genes that regulate cellular proliferation, apoptosis, angiogenesis, and tumor invasion and metastasis (24-28). Thus, with the knowledge that berry fractions inhibit B[a]PDE-induced activation of the transcription activators, AP-1, NF κ B and NFAT, we conducted studies to determine the effects of these fractions on the expression of the target genes of these activators, VEGF and COX-2.

Inhibition of B[a]PDE-induced expression of vascular endothelial growth factor (VEGF): VEGF is a group of related growth factors; i.e., VEGFs B, C, D and E, placenta growth factor and the *orf* virus-encoded factor (60). VEGF binds to its receptor kinases VEGFRs to activate intracellular signaling pathways, eliciting angiogenesis by inducing the migration and proliferation of endothelial cells (61, 62). Overexpression of VEGF has been found in virtually all tumor types, including tumors that have an activated *ras* oncogene and/or inactivated *p53* gene (64). VEGF stimulates tumor angiogenesis, induces tumor cell proliferation and migration (65-67), mediates tumor growth, invasion, and metastasis (68-71). With regard to the regulation of VEGF expression by transcription factors, the gene encoding VEGF D was identified as a target gene of c-Fos, a major AP-1 component (72). AP-1, associated with hypoxia inducible factor 1 (HIF-1), promotes VEGF expression under hypoxic conditions (73). A few studies have shown that NF κ B activation is also associated with the up-regulation of VEGF expression (74, 75). Considering the critical role of VEGF in cancer development and its regulation by AP-1 and NF κ B, we were interested in the effects of berry fractions on B[a]PDE-induced VEGF expression. Using C1 41 cells stably transfected with a VEGF luciferase reporter, we investigated the effects of berry fractions on expression of this gene. RO-ME, the most potent inhibitory fraction for B[a]PDE-induced activation of AP-1 and NF κ B, was also found to inhibit VEGF expression induced by B[a]PDE (28). These observations suggest that the inhibition, by berry fractions, of AP-1 and NF κ B in C1 41 cells may be associated with their inhibitory effects on VEGF induction by B[a]PDE.

Several signaling pathways appear to mediate the induction of VEGF expression (63, 76-78). In human glioblastoma cells, VEGF is induced via the activation of ERK1/2 signaling pathway (63), whereas in human prostate cancer cells, arsenite induced VEGF through PI-3K/Akt pathway (76). Inhibition of VEGF expression by the potential anti-tumor agents, apigenin and SU5416, was shown recently to occur through the inhibition of the PI3K/Akt/p70S6K1 signaling pathway (77, 78). In our studies, B[a]PDE-induced VEGF expression in C1 41 cells was inhibited by black raspberry fraction RO-ME, which also inhibited the activation of PI3K/Akt/p70S6K and the MAPK pathways. To provide direct evidence for the role of PI-3K in B[a]PDE-induced VEGF expression, a VEGF luciferase reporter and dominant-negative PI-3K p85 mutant, Δ p85, were co-transfected into C1 41 cells. The blockage of PI-3K activation by Δ p85 overexpression inhibited B[a]PDE-induced VEGF expression (28), indicating a requirement for PI-3K in B[a]PDE-induced VEGF expression in C1 41 cells. Since our group previously demonstrated that B[a]PDE-induced AP-1 activation was PI3K/Akt/JNKs pathway-dependent (35), and RO-ME inhibited B[a]PDE-induced activation of AP-1, we suspect that the PI3K/Akt/AP-1 pathway is a target for RO-ME inhibition of B[a]PDE-induced VEGF expression.

COX-2, an important target of black raspberry extracts: COX-2 is involved in multiple physiological and pathological processes, and its expression has been found to be regulated by cytokines, growth factors, tumor promoters, and oncogenes under tight control by several transcription factors (45, 46, 59, 79, 90-93). Prostaglandins, the major products of COX-2 enzyme activity, are important mediators of inflammation (80). COX-2 expression is also enhanced in many cancer types, promoting cell proliferation, neoangiogenesis, tumor cell migration and metastasis, and inhibiting apoptosis (81-89). AP-1 is one eukaryotic transcription factor implicated in the regulation of COX-2 expression (90-92). COX-2 is also a target gene of the transcription factor, NF κ B (45, 46), and NF κ B inhibitors may cause regression of colorectal cancer development via the inhibition of COX-2 (46). In addition, the NFAT regulatory element is found in the 5'-flanking promoter region of human COX-2 (59, 93), and our most recent studies show that NFAT-mediated COX-2 induction plays an essential role in TNF α -induced cell transformation (27). NFAT has also been shown to induce COX-2 both in Jurkat human leukemic T cells and in glomerular mesangial cells (93,94).

The extensive roles of COX-2 in cancer development led us to investigate whether berry fractions influence the expression of this enzyme. Our results indicate that B[a]PDE markedly induced COX-2 transcription and protein expression (Figs. 3a and 3b), and both RO-F003 and RO-ME berry fractions strongly inhibited COX-2 expression. The RO-DM fraction produced only a marginal effect, and the RO-F004 fraction had no effect, on COX-2 expression (Fig. 3a). Different dose and time point studies demonstrated the inhibition of B[a]PDE-induced COX-2 expression by RO-ME in a wide

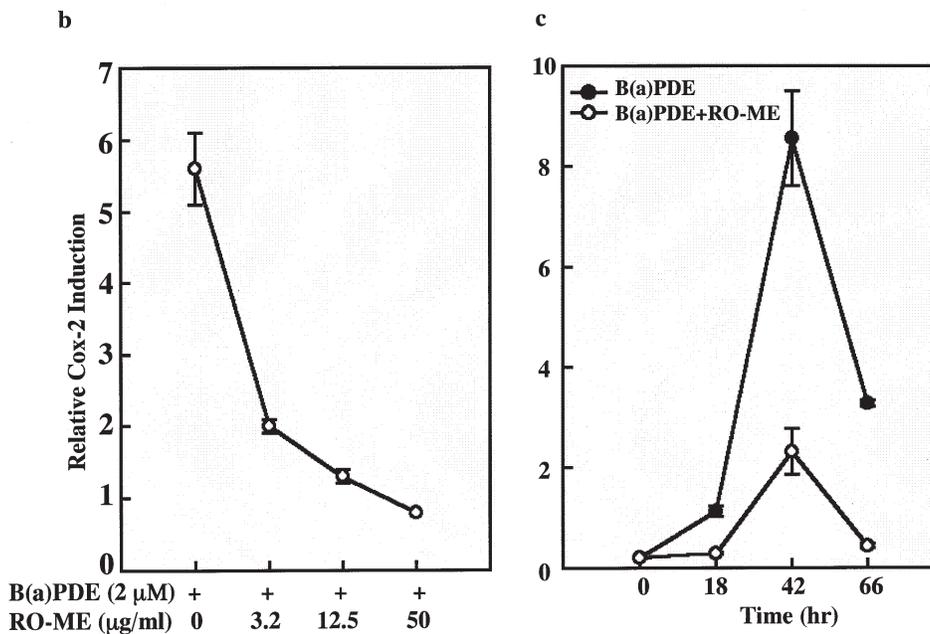
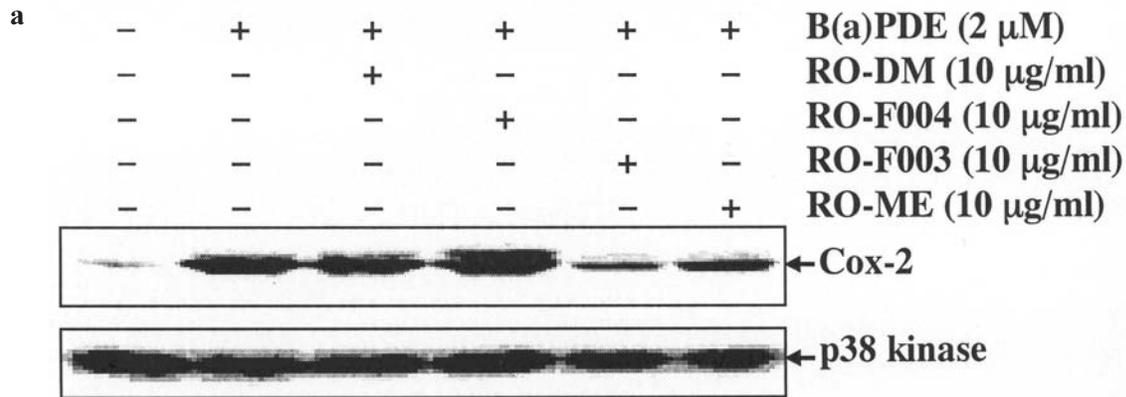


Figure 3. Effects of black raspberry extract fractions on COX-2 induction by B[a]PDE. A: Eight $\times 10^4$ of C1 41 COX-2 mass1 cells were seeded into each well of six-well plates, and cultured in 5% FBS MEM at 37°C. After the cell density reached 70-80%, cells were first pretreated with black raspberry fractions (10 μ g/ml) for 30 min, then exposed to B[a]PDE (2 μ M) for 36 hr. Western blots were performed with antibodies against COX-2, or p38 kinase. p38K was used as a protein loading control. The protein band specifically bound with primary antibodies was detected by using anti-rabbit IgG-AP-linked and ECF western blotting system (32). B and C: Eight $\times 10^3$ of C1 41 COX-2 mass1 cells were seeded into each well of 96-well plates, and cultured in 5% FBS MEM at 37°C. After the cell density reached 80-90%, the cells were first pretreated with black raspberry fraction RO-ME at various concentrations as indicated in the figure for 30 min, and then exposed B[a]PDE for COX-2 induction for 42 hr (B) or at different time points as indicated in the figure (C), the cells were extracted with lysis buffer, and luciferase activity was measured using Promega Luciferase assay reagent with a luminometer (Wallac 1420 Victor2 multiplate counter system) after addition of 50 μ l of lysis buffer for 30 min at 4°C. The results are expressed as COX-2 induction relative to control medium containing DMSO. Each bar indicates the mean and standard deviation of triplicate assay wells.

dose range from 3.2-50 μ g/ml, as well as at all the time points observed (Figs. 3b and 3c).

Since COX-2 is a major target gene of AP-1, NF κ B and NFAT, and black raspberry fraction RO-ME dramatically inhibits B[a]PDE-induced activation of all three transcription factors, it is reasonable to link RO-ME inhibition to reduction of COX-2 expression. Recent studies demonstrate that COX-2 inhibitor, celecoxib, inhibited the 12-*O*-tetradecanoylphorbol-13-acetate (TPA)-induced AP-1 activation by inhibiting p38 MAP kinase (95). AP-1 is regulated by MAPKs pathways (43), and inhibition of B[a]PDE-induced AP-1 activation by black raspberry fraction RO-ME is ac-

companied by the repression of MAPKs (32). Thus, with our most recent finding of the involvement of NFAT for the induction of COX-2, we anticipate that RO-ME inhibits B[a]PDE-induced COX-2 expression by impairing NFAT and MAPKs/AP-1 pathways.

Discussion

Epidemiological studies suggested that the consumption of fruits and vegetables reduces the incidence of many human cancers including lung, larynx, oral pharynx, gastroin-

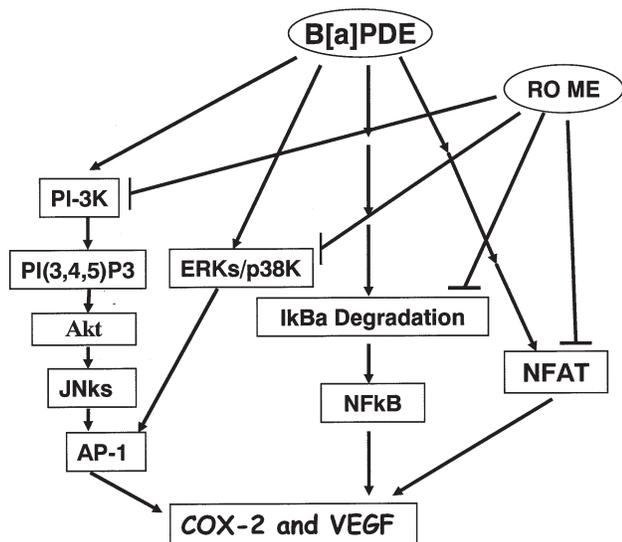


Figure 4. Schematic illustration of known molecular mechanisms that may be involved in the chemopreventive activities of black raspberry fraction RO-ME.

testinal tract, and pancreatic cancer (2). Previous studies from our laboratory and others have demonstrated the chemopreventive effects of freeze-dried raspberries on tumor formation *in vivo* (11, 96), and the inhibition of carcinogen-induced cell transformation (3). In the present study, we have summarized current data on molecular mechanisms for the chemopreventive activities of black raspberry fractions identified using the CI 41 mouse epidermal cell system. Transcription factors AP-1, NFκB, and NFAT are well-known for

their roles in carcinogenesis (32). Our results demonstrate that black raspberry fraction RO-ME is the major fraction blocking B[a]PDE-induced activation of AP-1, NFκB, and NFAT. Although we do not know precisely which components in this fraction are responsible for the inhibitory effects, recent studies suggest that anthocyanins play an important role (97). Since activation of the MAPKs pathway and PI3K/Akt/p70S6K pathway are also inhibited by RO-ME, and these pathways are involved in B[a]PDE-induced AP-1 activation (35), we suggest that the inhibitory effects of RO-ME on B[a]PDE-induced AP-1 activation may occur through the blocking of these signaling pathways. Moreover, the inhibition of NFκB activation is attributed to impaired phosphorylation and subsequent degradation of IκBα, the upstream inhibitor for NFκB. PI3K/Akt pathway may also be involved in mediating NFκB activation by activating IκB kinase (IKK). Similar to AP-1 and NFκB activation, the activation of another transcription factor NFAT induced by B[a]PDE was also inhibited by black raspberry fraction RO-ME.

VEGF and COX-2, the downstream target genes of AP-1, NFκB and NFAT, are also inhibited by black raspberry fraction RO-ME. We also examined the effects of black raspberry fractions, including RO-ME, on B[a]PDE-induced nitric oxide synthase (iNOS) expression, however, none of the fractions produced any inhibitory effect (Data not shown), suggesting that inhibition of berry extracts on gene expression is transcription factor and their target-gene specific.

Based on previous studies, our current knowledge on the molecular mechanisms involved in the chemopreventive activity of black raspberry fraction RO-ME can be summarized

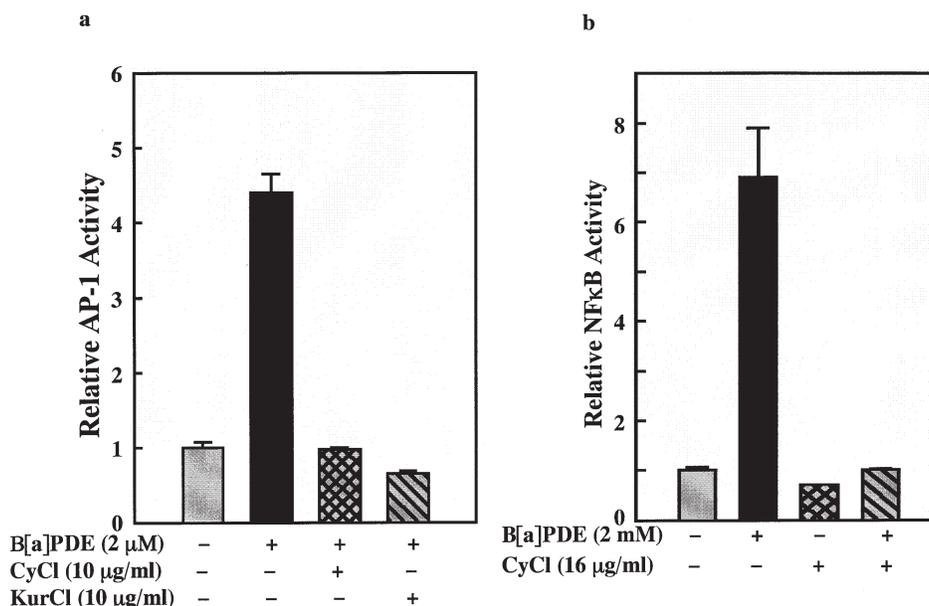


Figure 5. Inhibition of AP-1 and NFκB activation by anthocyanins in mouse CI 41 cells. CI 41 AP-1 mass1 (a) or CI 41 NFκB mass1 (b) cells were seeded into each well of 96-well plates, and cultured in 5% FBS MEM at 37 °C. After the cell density reached 80-90%, the cells were first pretreated with 10 μg/ml of anthocyanins (CyCl or KurCl) for 30 min, and then exposed to B[a]PDE (2 μM) for AP-1 induction. Twenty-four hours after B[a]PDE exposure, the cells were extracted with lysis buffer, and luciferase activity was measured using Promega Luciferase assay reagent with a luminometer (Wallac 1420 Victor2 multiplate counter system) after addition of 50 μl of lysis buffer for 30 min at 40°C. The results are expressed as relative NFκB activity relative to medium control containing DMSO. Each bar indicates the mean and standard deviation of triplicate assay wells.

into Fig. 4. Although we identified some of the effects of black raspberry fractions on gene expression *in vitro*, it is probable that we are far from a total analysis of the molecular effects of berries leading to cancer prevention. More research is necessary to identify all components of the anti-tumor effects of berry fractions since cancer development is a highly complicated process involving the combined interactions of numerous regulators and effectors. Additional studies are also required to identify the key chemicals that are responsible for the chemopreventive activities of berries. As indicated above, recently we have identified the black raspberry anthocyanins, CyCl and KurCl, as inhibitors of B[a]PDE-induced activation of AP-1 and NF κ B in C141 cells (Fig.5). Further investigations of the molecular mechanisms by which anthocyanins exhibit chemopreventive effects are ongoing in our laboratory. We believe that the clarification of the molecular mechanisms of cancer chemoprevention by berries, as well as the identification of key inhibitory components in berries, may ultimately be beneficial to the prevention of cancer development in humans.

Acknowledgments and Notes

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